



THIRD ROCK
ADVENTURES

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A leading adventure & tour operator in the Himalayas

BEST OF NEPAL-KATHMANDU POKHARA CHITWAN TOUR - 9 DAYS

Wildlife, Culture and mesmerizing Himalayan views – Best of Nepal tour offers you the best places to visit in Nepal



#1 OUTLINE ITINERARY

DAY: 1:

Arrive In Kathmandu

DAY: 2:

Kathmandu City Tour (Sightseeing)

DAY: 3:

Patan And Bhaktapur Sightseeing

DAY: 4:

Drive From Kathmandu Pokhara

DAY: 5:

Pokhara City Tour (Sightseeing)

DAY: 6:

Sunrise From Sarangkot And Drive To Chitwan

DAY: 7:

Jungle Activities In Chitwan

DAY: 8:

Drive From Chitwan To Kathmandu

DAY: 9:

Depart Kathmandu

#2 OVERVIEW

WHY BEST OF NEPAL-KATHMANDU POKHARA CHITWAN TOUR?

- Discover Kathmandu's UNESCO World Heritage Sites
- Visit Kathmandu Valley's three medieval kingdoms – Kathmandu, Patan and Bhaktapur
- Visit the House of Kumari, the Living Goddess
- Pokhara sightseeing and experience a Himalayan sunrise from Sarangkot

Recommendation



- Wildlife safari at Chitwan National Park

Is this trip suitable for you?

- This trip is a combination of cultural tour, wildlife safari and white-water rafting adventure (optional).
- This trip requires minimal physical exertion and can be done by people of all fitness levels. Easy walking on level ground while exploring heritage sites and wildlife park. Kids and elderly clients can also do this trip.
- An experienced local guide will be guiding and assisting you throughout your trip. If you opt to raft down Trishuli, you will have to follow your river guide and pay attention to the safety instructions given by your guide.
- Comfortable private vehicles will be used for overland transportation. In Chitwan you will get to explore the jungle riding an elephant as well as from aboard a jeep.
- As per your package, you will be accommodated at 3 or 4 star hotels.

OPTIONAL ACTIVITY-ON REQUEST:

If you want to raft down the Trishuli (a glacial river), it can be arranged (at an added cost) on the fourth day while driving to Pokhara from Kathmandu. Stop at the put-in point and head to the glacial river of Trishuli for an exciting rafting experience. Wear your lifejacket and helmet, grab a paddle and climb aboard the rubber raft. Before that, listen to your river guide's safety instructions carefully. Ride the white rapids and float down the river. Enjoy the mountain scenery as the raft glides down past the sandy beaches. Get off at the put-off point and get back to your vehicle.

Kindly note, taking this adventure will incur an extra cost.

BEST TIMES

You can take this trip anytime of the year. But you can enjoy good weather and blue skies during Spring and Autumn.

#3 ACCOMODATION AND MEAL STANDARD AND DELUXE PACKAGES

ACCOMMODATIONS - STANDARD PACKAGES

Recommendation



Accommodation on twin-sharing basis is included in the package cost. If traveling single, you will have to share the room with a fellow traveler (of the same sex). If you require a single room, it will be available at an extra cost. Just click on the 'single supplement' tab at the time of booking.

Stay at the cozy and comfortable Oasis Kathmandu Hotel located in a peaceful corner of Thamel in Kathmandu. In Pokhara, you will be accommodated at the grand Hotel Pokhara Vatika. It lies close to Phewa Lake. Your address in Chitwan is the beautiful Hotel Parkland.

All the rooms at these establishments are air-conditioned and come with attached bathrooms, running hot and cold water, free wi-fi etc. The hotels have in-house restaurants, bars and coffee shops.

MEALS

Breakfast (at the hotels you will be staying in) and farewell dinner at the end of your trip are complimentary. Lunch and dinner in Kathmandu and Pokhara is not included in the trip cost. There are many high-end, mid-range as well as budget restaurants serving international food at both these cities. You will find a good number of restaurants and eateries serving international food in the cities. In Chitwan, all meals are included in the package cost.

ACCOMMODATIONS- DELUXE PACKAGES

Accommodation is included in the trip cost. It will be on twin-sharing basis. If traveling solo, you may have to share the room with another traveler (of the same sex). If you need a single room, it will be available at an extra cost. Do click on the 'single supplement' tab at the time of booking.

You stay at the luxurious Hotel Shanker in Kathmandu. A former palace, this is a heritage hotel and is located close to the business centres. In Pokhara, you'll be staying at Temple Tree Resort & Spa. The rooms are assigned in two-storied individual cottages featuring a private balcony and a large garden area. In Chitwan, you will be accommodated at the magnificent Green Park Chitwan.

All of the above-mentioned hotels feature comfortable and luxurious rooms with en-suite bathrooms, multi-cuisine restaurants, bar, café, swimming pool, and garden area.

MEALS

Recommendation



In Kathmandu and Pokhara, Breakfast is complimentary. Welcome and farewell dinner in Kathmandu is also complimentary. For lunch and dinner, there are plenty of choices. Both Kathmandu and Pokhara have restaurants serving continental, Indian, Chinese, Tibetan, Japanese, Korean, Middle-eastern cuisine. There are also restaurants serving organic, vegan and halal food. It's full-board in Chitwan. You won't have to pay for your meals (breakfast, lunch and dinner only).

STANDARD OR DELUXE

Your vacation is an important investment. While planning a holiday, you have to research and make some major decisions. You need to decide, where and how you will spend your money. To avoid the stress, many opt for the services of a tour company and leave it to the experts to plan their holiday. By choosing to book with an agency, you can enjoy peace of mind knowing that everything has been taken care of by professionals. In order to cater to the needs of different types of travelers, we have on offer two packages – Standard and Deluxe. A Standard Package cost a little less and is ideal for that traveler who is traveling within a budget. The Deluxe Package is for those looking for a higher level of service and facilities. If you have already decided to book this tour, do select the package that best suits your budget and the kind of experiences you want to explore, and secure your spot.

#4 DAY TO DAY ITINERARY

1: Arrive In Kathmandu

If you arrive in Kathmandu during the day you will be greeted with wonderful vistas of green hills and snowy peaks rising in the horizon. From the comfort of your plane get an aerial perspective of Kathmandu valley surrounded by the green hills of Nagarjuna, Shivapuri, Champa Devi and Pulchowki. The city lies in a bowl-shaped valley ringed by the above mentioned hills. At the airport you will be greeted by our representative who will drive you to your hotel. After reaching your hotel check in and take rest. No activity has been planned for the day. If you want you can explore Thamel (a tourist hotspot) on your own. Overnight in Kathmandu.

2: Kathmandu City Tour (Sightseeing)

Commence your sightseeing tour with a trip to Boudhanath Stupa. The biggest stupa in Nepal, this ancient stupa is a UNESCO Heritage site and an important center of Tibetan Buddhism. According to local legend, the bones of Kasyapa Buddha (a previous incarnation of Lord Buddha) is buried beneath this gigantic stupa. Next head to another UNESCO Heritage Site and an important Hindu shrine dedicated to Lord Shiva, Pashupatinath Temple. The pagoda-roofed temple, dating back to 400 AD, is located on the banks of the sacred Bagmati river. Non-

Recommendation



Hindus are not allowed inside the temple. They are allowed to view the temple from the eastern bank of the river.

Later head to Swayambhunath, a hilltop shrine which is closely linked to the formation of Kathmandu Valley. According to a local legend, Kathmandu was actually a lake. A Bodhisattva (divine being) Manjushri saw a lotus at this lake while meditating. He flew from Tibet and drained the lake so that he could meditate at the spot where the lotus was. The story goes that Swayambhunath (meaning self-created) Stupa was created at the spot where the divine lotus bloomed. Sacred to both Hindus and Buddhists, you can find people of both these faiths praying at this shrine. You have to climb a flight of stairs to reach the shrine. There is a sizable monkey population living on the hillside, therefore this temple is also known as 'Monkey Temple'. From the top, you can enjoy a 360-degree view of the city. Later head back to your hotel. Overnight in Kathmandu.

3: Patan And Bhaktapur Sightseeing

Kathmandu Valley is made up of three ancient medieval cities- **Kathmandu, Patan and Bhaktapur**. Today you get to visit the palace squares of two of these medieval kingdoms. From your hotel, you drive towards the southern end of the city. Patan (also known as Lalitpur, 'the City of Artisans') is one of the three medieval kingdoms in Kathmandu valley. The beautiful Durbar square at Patan is a quadrangle filled with pagoda-roofed palaces and temples built by the Malla Kings. The palace has been converted into a museum which houses several ancient relics and historical items. Though some of the monuments at the square have been damaged by the 2015 earthquake, there are still enough pagoda-roofed shrines standing that will grab your attention. You will be interested to know that parts of the Hollywood hit 'Doctor Strange' (a Marvel production) were shot in Patan Durbar and Pashupatinath Temple.

After exploring Patan, head towards the eastern end of the city, to Bhaktapur. The Durbar Square at Bhaktapur (the City of Devotees) is one of the best-preserved heritage sites in the valley. No large vehicles are allowed inside the medieval square. The 2015 earthquake did damage some of the ancient structures but some of the cultural gems still standing will take your breath away. The artistry and craftsmanship that went into creating these temples and palaces will keep you enthralled. Don't forget to check out the Golden Gate, Palace of 55 Windows, Nyatapole Temple (once it was the tallest building in Kathmandu valley) and its massive staircase guarded by stone statues of mustachioed wrestlers. The old city is divided into Durbar Square, Taumadhi Square, Datteraya Square, and Pottery Square. After you have walked through the ancient palaces and shrines, rest for a while at the busy Pottery Square observing the local potters at work and the pedestrians. Before you leave Bhaktapur don't forget to taste this medieval city's famous delicacy *Juju Dhau* (King's Curd). *Overnight in Kathmandu*.

4: Drive From Kathmandu Pokhara

Wake up early and drive to **Pokhara** after breakfast. After leaving **Kathmandu**, the road dips down a serpentine bend known as Naubise. Outstanding views of mountains open up. If you are traveling in winter you will get to see the horizon filled with snow-covered peaks. Picturesque views of mountain-top villages and busy

Recommendation



roadside settlements will keep you enthralled. Stop at Kurintar head to the glacial river of Trishuli for an exciting rafting experience. Wear your lifejacket and helmet, grab a paddle and climb aboard the rubber raft. Before that, listen to your river guide's safety instructions carefully. Ride the white rapids and float down the river. Enjoy the mountain scenery as the raft glides down past the sandy beaches. Get off at the put-off point and get back to your vehicle. Continue your journey towards **Pokhara**. The highway winds up above the fast-flowing Trishuli River. At Mugling, you cross a bridge and leave the Tribhuvan Highway and approach the Prithvi Highway. Enjoy the scenery as the road winds along scenic vistas. After driving for a few hours you arrive in Pokhara. Head to your hotel and check-in. Take rest as you have a busy day tomorrow. *Overnight in Pokhara.*

5: Pokhara City Tour (Sightseeing)

Visit the island shrine of goddess Barahi. Take a boat ride across the Phewa Lake to visit the temple. The temple is dedicated to the mother goddess Durga 'protector of the gods'. The temple is surrounded on all sides by Phewa Lake. Observe people enjoying a ride on the colorful boats and take pictures of the lake. Later head to **Davis Falls**, a waterfall which flows into an underground tunnel. Next visit the **Gupteshwar Gupha** (cave), an underground cave that has a shrine of Lord Shiva. You climb down a spiral staircase to reach the entrance of the cave. Be careful where you step, as it is a bit wet and slippery inside the cave. At the bottom of the cave's wall is a crack from where you can see the waters from the Davis Fall falling down. Also, visit the **International Mountain Museum** where equipment and gear from most of the first **Himalayan expeditions** are showcased. You can also get plenty of information about the Himalayan range and culture and lifestyle of people living in the Himalayas. *Overnight in Pokhara.*

6: Sunrise From Sarangkot And Drive To Chitwan

Get up early and drive to **Sarangkot Hill** to catch the famous 'Sarangkot's Himalayan sunrise'. Though your journey to the bottom of the vehicle you have to hike up to the top of the hill. Once you reach the top you get a 360-degree view of **Pokhara valley and the Himalayan peaks**. Witness a beautiful sunrise as dawn breaks over the mountains splashing the mountains in colorful hues of red, orange and golden-yellow. This moment is nothing short of magical and chances are you will cherish it forever. Afterward head back to your hotel, have breakfast and head onwards to Chitwan.

The road to Chitwan is filled with delightful sights of babbling brooks, hillsides covered with greenery and inspiring mountain views. Once you reach Chitwan, check into your hotel and get refreshed. Late afternoon take a stroll and explore a Tharu village. Tharus are an ethnic group who have been living in the jungles of Chitwan for ages. *Overnight in Chitwan.*

7: Jungle Activities In Chitwan

Your day is filled with exciting activities (**Jungle Safari**). The Chitwan National Park is Nepal's first National

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Park. It is a natural [UNESCO World Heritage Site](#). The park is home to the endangered one-horned rhinoceros, Royal Bengal Tiger and a host of endangered flora and fauna. Enjoy an elephant ride. Explore more of the park's interior by taking a jeep safari. Catch the elusive Bengal tiger peering from the tall elephant grass or walking majestically on the river bank. Observe adult rhinos minding their little ones. Watch the spotted deer frolicking under the trees. You will see peacocks and marsh muggers basking in the warm sun near the river. You also get to visit the Elephant Breeding Centre, where you will meet mother elephants with their calves. In the evening you can enjoy a Tharu cultural programme. A cultural troupe will entertain you and other guests with Tharu songs and dances. Have dinner and retire for the night. Overnight in Chitwan.

8: Drive From Chitwan To Kathmandu

You take an overland journey back to Kathmandu. Drive along the Tribhuvan Highway and pass through rustic villages and fields, hills covered with verdant forests and glacial rivers with sandy beaches. The vehicle climbs up a steep mountainside, as you approach Kathmandu valley. Enjoy views of the mountains. Once you reach Kathmandu, check into your hotel and take rest. If you feel like it, you can shop for souvenirs in Thamel or explore the local market Ason Bazaar on your own. Come evening, celebrate the completion of your memorable tour with a farewell dinner (complimentary). One of our representatives will accompany you to an authentic Nepalese Restaurant for a traditional Nepalese feast. Enjoy traditional songs and dances as you try out Nepalese cuisine. *Overnight in Kathmandu.*

9: Depart Kathmandu

You will be driven to the airport well on time to catch your homeward bound flight. If you want to explore more of Nepal or Bhutan or Tibet, do let us know. We run tours in all these destinations.

#5 WHAT'S INCLUDED- STANDARD PACKAGE

PRICE INCLUDES

- All ground transportation by comfortable private vehicle as per the itinerary
- Airport pick up & drop off service for international and domestic flights
- In Chitwan, accommodation at a 3 star resort. Three meals (Breakfast, Lunch and Dinner) and all activities included.
- Professional English-speaking tour guide with government license for sightseeing
- All Local and Government taxes, administrative charges
- Staff costs including their salary, insurance, equipment, food, transportation and accommodation.

Recommendation



- Complimentary Farewell dinner at a traditional Nepali restaurant.
- Transfer from Pokhara to Chitwan and to Kathmandu by comfortable private vehicle
- Transfer from Kathmandu to Pokhara by comfortable private vehicle
- Sightseeing tour in popular sights as mentioned in the itinerary
- Accommodation at 3 star hotel in Kathmandu and Pokhara with breakfast

PRICE EXCLUDES

- Travel and medical insurance.
- Nepal Visa fee.
- International flights
- Tips for guide and driver (tipping is expected)
- Any unseen expenses due to circumstances beyond our control (natural calamities, strike etc.)
- Expenses not listed in the 'Price Includes' section
- Extra night accommodation in case of early arrival or late departure.
- Lunch and Dinner in Kathmandu and Pokhara (except farewell dinner in Kathmandu)
- Personal expenses (laundry, drinks, beverages, snacks, phone calls etc.)

Note :

#6 WHAT'S INCLUDED- STANDARD PACKAGE

PRICE INCLUDES

- All ground transportation by comfortable private vehicle as per the itinerary
- Airport pick up & drop off service for international and domestic flights
- Luxurious accommodation at a 4 star hotel in Kathmandu and 5 star hotel in Pokhara with breakfast
- Professional English-speaking tour guide with government license for sightseeing
- Complimentary Welcome and Farewell dinner at a traditional Nepali restaurant.
- All Local and Government taxes, administrative charges
- In Chitwan, accommodation at a 4 star resort. Three meals (Breakfast, Lunch and Dinner) and all activities included.
- Staff costs including their salary, insurance, equipment, food, transportation and accommodation.
- Transfer from Pokhara to Chitwan and to Kathmandu by comfortable private vehicle

Recommendation



- Transfer from Kathmandu to Pokhara by comfortable private vehicle
- Sightseeing tour in popular sights as mentioned in the itinerary

PRICE EXCLUDES

- Lunch and dinner in Kathmandu and Pokhara (except welcome and farewell dinner)
- Travel and medical insurance.
- Nepal Visa fee.
- International flights
- Tips for guide and driver (tipping is expected)
- Any unseen expenses due to circumstances beyond our control (natural calamities, strike etc.)
- Expenses not listed in the 'Price Includes' section
- Extra night accommodation in case of early arrival or late departure.
- Personal expenses (laundry, drinks, beverages, snacks, phone calls etc.)

Note :

#7 USEFUL LINK

Additional Inforamtion <https://www.thirdrockadventures.com/trip/best-of-nepal-kathmandu-pokhara-chitwan-tour/additional-information>

Terms & Conditions: <https://www.thirdrockadventures.com/page/terms-&-conditions-agreement>

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